Explore Kauai

Kauai has a unique geography, with towering mountains, lush valleys, and stunning beaches. It is often referred to as the "Garden Isle" because of its natural beauty and abundant flora. In fact, over 90% of the island is covered in forests, and it is home to several wildlife sanctuaries and conservation areas.

www.boutikia.com

Things to do

TAKE A HELICOPTER TOUR OF THE ISLAND

A helicopter tour provides a unique perspective of Kauai's natural beauty, including waterfalls, valleys, and beaches.

TAKE A SUNSET DINNER CRUISE

Enjoy a romantic evening aboard a boat while watching the sunset and dining on delicious Hawaiian cuisine.

VISIT THE WAILUA FALLS

This iconic waterfall is easily accessible and is featured in many movies and TV shows.

HIKE THE KALALAU TRAIL

This challenging trail follows the Na Pali Coast and offers incredible views of the coastline and valleys.

TAKE A BOAT TOUR OF THE NA PALI COAST

This stunning coastline is only accessible by boat, and a tour offers a chance to see sea caves, waterfalls, and marine life.

GO SNORKELING OR SCUBA DIVING

Kauai has several great spots for underwater exploration, including the Tunnels Beach and the south shore's Lawai Beach.





GO ZIPLINGING

Get a thrilling view of Kauai's landscape while ziplining through the trees.

RELAX ON THE BEACHES

Kauai is home to some of the most beautiful beaches in the world. Some of the most popular ones include Poipu Beach, Hanalei Bay, and Ke'e Beach.

Things to do

VISIT THE KAUAI COFFEE COMPANY

Kauai is home to a thriving coffee industry and a visit to the Kauai Coffee Company is a must for any coffee lover. You can tour the plantation and taste some of the island's finest coffee.

TAKE A HORSEBACK RIDE

Explore Kauai's rugged terrain on a horseback ride through the countryside. You'll get to see the island from a different perspective and experience the local cowboy culture.

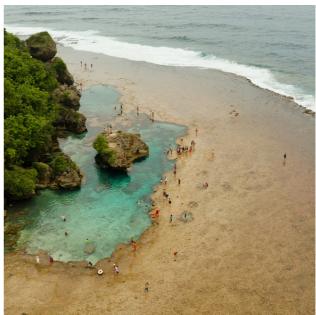
TAKE A DIP IN A NATURAL POOL

Kauai has several natural pools and swimming holes that are perfect for a refreshing dip on a hot day. Some of the most popular ones include Queen's Bath and Secret Falls.

ATTEND A LUAU

Experience the traditional Hawaiian feast and entertainment at a luau. You'll get to taste local delicacies, watch hula performances, and learn about Hawaiian culture.





TAKE A YOGA CLASS ON THE BEACH

Kauai's beautiful beaches offer the perfect setting for a relaxing yoga class. You'll get to stretch and unwind while enjoying the sound of the waves and the fresh ocean breeze.

Food & Drink

RED SALT

Located in the Koa Kea Hotel & Resort, Red Salt offers a unique blend of Hawaiian and global cuisine with a focus on fresh seafood.

HANALEI BREAD COMPANY

This bakery is famous for its fresh bread, pastries, and sandwiches. It's a great spot for breakfast or lunch.

KINTARO JAPANESE RESTAURANT

This sushi restaurant in Kapaa is popular among locals and visitors alike, with fresh sushi and sashimi.

HUKILAU LANAI

This restaurant in Kapaa offers a blend of Hawaiian and contemporary cuisine, using local ingredients.

KAUAI GRILL

Located in Princeville, Kauai Grill is a fine dining restaurant that offers panoramic ocean views and a menu of contemporary American cuisine with a Hawaiian twist.

THE DOLPHIN RESTAURANT

This seafood restaurant in Hanalei is known for its fresh and delicious seafood dishes, as well as its sushi bar. The restaurant also offers a selection of vegetarian and glutenfree options.

THE BEACH HOUSE RESTAURANT

Located in Poipu, The Beach House offers oceanfront dining and stunning sunset views. The menu features fresh seafood and Pacific Rim cuisine.

BAR ACUDA

This tapas-style restaurant in Hanalei offers a unique dining experience with its small plates and craft cocktails. The menu features local and international flavors.

EATING HOUSE 1849

This restaurant in Koloa pays homage to Hawaii's culinary history with a menu that features traditional Hawaiian dishes with a modern twist. The restaurant is owned by celebrity chef Roy Yamaguchi.

MERRIMAN'S FISH HOUSE

This seafood restaurant in Poipu is known for its fresh and sustainable seafood dishes, as well as its farm-to-table cuisine. The menu changes daily based on what's in season.

KEOKI'S PARADISE

This restaurant in Poipu offers a fun and lively atmosphere with a menu of classic Hawaiian dishes and tropical cocktails. The restaurant also has a beautiful outdoor garden area for dining.

Books to Read

We believe that preparing for your trip is just as important as experiencing it, and one of the best ways to prepare is to read books and watch movies related to Hawaii. To help you get started, we have put together a list of our top recommendations.

While you're here, we invite you to enjoy a relaxing day at one of our breathtaking beaches with a book from our library. Whether you're interested in learning more about Hawaiian culture and history, or just looking for a lighthearted beach read, we have something for everyone.

In the evening, why not enhance your Hawaiian experience by watching a movie made right here in Kauai? We have a recommendation list of wonderful movies, allowing you to immerse yourself in the beauty and spirit of Hawaii from the comfort of your own accommodation.

EAST WIND, RAIN: A NOVEL

Paul, Caroline

WILD MEAT AND THE BULLY BURGERS: A NOVEL

Yamanaka, Lois-Ann

LOST IN HAWAII: OUR 17-YEAR FAMILY VACATION

Stennett, Andrew

FRECKLED: A MEMOIR OF GROWING UP WILD IN HAWAII

Neal, TW

A SONG FOR THE STARS (PROPER ROMANCE HISTORICAL)

Lima Todd

HONOLULU: A NOVEL

Brennert, Alan

DAUGHTER OF MOLOKA'I: A NOVEL

Brennert, Alan

SHARK DIALOGUES

Davenport, Kiana

HAWAII

Movies to Watch

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- DONOVAN'S REEF
- ISLANDS IN THE STREAM
- THE KARATE KID, PART II
- NONE BUT THE BRAVE
- RAIDERS OF THE LOST ARK
- SIX DAY SEVEN NIGHTS
- SOUTH PACIFIC
- WATERWORLD
- JURASSIC PARK (1993)
- JURASSIC WORLD (2015)
- BLUE HAWAII
- 50 FIRST DATES
- HAWAII
- MOLOKAI: THE STORY OF FATHER DAMIEN
- PEARL HARBOR
- TORA! TORA! TORA!